

Come and Follow Me



Christ Church (Parish) Church
Parish of Fredericton

Good Friday – April 22, 2011
NOON – 3:00 P.M.

The Reverend Canon Jim Irvine
Guest Homilist

Prelude

Common Praise—202—THERE IS A GREEN HILL

Gathering of the Community

INTRODUCTORY RESPONSE—THE CROSS

98

Christ became obedient unto death for us,
Even death upon a cross.

He was pierced for our sins,
Bruised for no fault but ours.

His punishment has won our
peace,
**And by his wounds we are
healed.**

Worthy is the Lamb that was slain
to receive power and riches and wisdom,
**Strength, honour, glory, and praise.
Amen.**

THE SOLEMN INTERCESSION

309

Dear people of God,
our heavenly Father sent his Son into the world,
not to condemn the world,
but that the world through him might be saved,
that all who believe in him
might be delivered from the power of sin and death
and become heirs with him of eternal life.

Let us pray for the one holy catholic
and apostolic Church of Christ throughout the world:
for its unity in witness and service, for all bishops and
other ministers and the people whom they serve, for
Claude our bishop,
and all the people of this diocese,
for all Christians in this community,
for those about to be baptized (particularly ...),

that the Lord will confirm his Church in faith,
increase it in love,
and preserve it in peace.

Silence

Almighty and everlasting God,
by your Spirit the whole body of your faithful people
is governed and sanctified.

Receive our supplications and prayers
which we offer before you
for all members of your holy Church,
that in our vocation and ministry
we may truly and devoutly serve you;
through our Lord and Saviour Jesus Christ. **Amen.**

Let us pray for all nations and peoples of the earth,
and for those in authority among them:

for Elizabeth our Queen and all the Royal Family,
for Stephen the Prime Minister
and for the government of this country,
for David the premier of this province
and the members of the legislature,
for Brad the mayor of this municipality
and those who serve with him
on the city council,
for all who serve the common good,

that by God's help
they may seek justice and truth, and live in peace and
concord.

Silence

Almighty God,
kindle, we pray, in every heart
the true love of peace,
and guide with your wisdom
those who take counsel for the nations of the earth,
that justice and peace may increase,
until the earth is filled
with the knowledge of your love;
through Jesus Christ our Lord. **Amen.**

Let us pray for all who suffer
and are afflicted in body or in mind:

for the hungry and homeless,
the destitute and the oppressed,
and all who suffer persecution or prejudice,
for the sick, the wounded, and the handicapped,
for those in loneliness, fear, and anguish,
for those who face temptation, doubt, and despair,
for the sorrowful and bereaved,
for prisoners and captives
and those in mortal danger,

that God in his mercy will comfort and relieve them,
and grant them the knowledge of his love,
and stir up in us the will and patience
to minister to their needs.

Silence

Gracious God,
the comfort of all who sorrow,
the strength of all who suffer,
hear the cry of those in misery and need.
In their afflictions show them your mercy,
and give us, we pray, the strength to serve them,
for the sake of him who suffered for us,
your Son Jesus Christ our Lord. **Amen.**

Let us pray for all
who have not received the gospel of Christ:

for all who have not heard the words of salvation,
for all who have lost their faith,
for all whose sin has made them indifferent to Christ,
for all who actively oppose Christ by word or deed,
for all who are enemies of the cross of Christ,
and persecutors of his disciples,
for all who in the name of Christ
have persecuted others,

that God will open their hearts to the truth,
and lead them to faith and obedience.

Silence

Merciful God,
creator of the peoples of the earth and lover of souls,
have compassion on all who do not know you
as you are revealed in your Son Jesus Christ.
Let your gospel be preached with grace and power
to those who have not heard it,
turn the hearts of those who resist it,
and bring home to your fold those who have gone
astray;
that there may be one flock under one shepherd,
Jesus Christ our Lord. **Amen.**

Let us commit ourselves to God,
and pray for the grace of a holy life,
that with all who have departed this life
and have died in the peace of Christ,
and those whose faith is known to God alone,
we may be accounted worthy
to enter into the fullness of the joy of our Lord,
and receive the crown of life in the day of resurrection.

Silence

O God of unchangeable power and eternal light,
look favourably on your whole Church,
that wonderful and sacred mystery.
By the effectual working of your providence,
carry out in tranquillity the plan of salvation.
Let the whole world see and know
that things which were cast down are being raised up,
and things which had grown old are being made new,
and that all things are being brought to their perfection

by him through whom all things were made,
your Son Jesus Christ our Lord;
who lives and reigns with you,
in the unity of the Holy Spirit,
one God, forever and ever. **Amen.**

1ST REFLECTION—*The Summons*

Will you come and follow me
if I but call your name?
Will you go where you don't know
and never be the same?

MEDITATION ON THE CROSS OF JESUS—ANTHEM 1 313

Christ our Lord became obedient unto death.
Come let us worship.

ANTHEM 1

Is it nothing to you, all you who pass by?
Look and see if there is any sorrow like my sorrow
which was brought upon me,
which the Lord inflicted on the day of his fierce anger.
**Holy God, holy and mighty,
holy and immortal one, have mercy upon us.**

O my people, O my Church,
What have I done to you,
or in what have I offended you?
Testify against me.
I led you forth from the land of Egypt,
and delivered you by the waters of baptism,
but you have prepared a cross for your Saviour.
**Holy God, holy and mighty,
holy and immortal one, have mercy upon us.**

I led you through the desert forty years,
and fed you with manna.

I brought you through tribulation and penitence,
and gave you my body, the bread of heaven,
but you have prepared a cross for your Saviour.

**Holy God, holy and mighty,
holy and immortal one, have mercy upon us.**

What more could I have done for you
that I have not done?

I planted you, my chosen and fairest vineyard,
I made you the branches of my vine;
but when I was thirsty, you gave me vinegar to
drink,

and pierced with a spear the side of your Saviour.

**Holy God, holy and mighty,
holy and immortal one, have mercy upon us.**

I went before you in a pillar of cloud,
and you have led me to the judgement hall of Pilate.
I scourged your enemies and brought you
to a land of freedom,

but ^you have scourged, mocked, and beaten me.

I gave you the water of salvation from the rock,
but you have given me gall and left me to thirst.

**Holy God, holy and mighty,
holy and immortal one, have mercy upon us.**

I gave you a royal sceptre,
and bestowed the keys to the kingdom,
but you have given me a crown of thorns.

I raised you on high with great power,
but you have hanged me on the cross.

**Holy God, holy and mighty,
holy and immortal one, have mercy upon us.**

My peace I gave, which the world cannot give, and

washed your feet as a sign of my love, but you
draw the sword to strike in my name, and seek high
places in my kingdom.

I offered you my body and blood,
but you scatter and deny and abandon me.

**Holy God, holy and mighty,
holy and immortal one, have mercy upon us.**

I sent the Spirit of truth to guide you,
and you close your hearts to the Counsellor.

I pray that all may be as one in the Father and me,
but you continue to quarrel and divide.

I call you to go and bring forth fruit,
but you cast lots for my clothing.

**Holy God, holy and mighty,
holy and immortal one, have mercy upon us.**

I grafted you into the tree of my chosen Israel,
and you turned on them with persecution
and mass murder.

I made you joint heirs with them of my covenants,
but you made them scapegoats for your own guilt.

**Holy God, holy and mighty,
holy and immortal one, have mercy upon us.**

I came to you as the least of your brothers and sisters;

I was hungry and you gave me no food,

I was thirsty and you gave me no drink,

I was a stranger and you did not welcome me,

naked and you did not clothe me,

sick and in prison and you did not visit me.

**Holy God, holy and mighty,
holy and immortal one, have mercy upon us.**

WILL YOU COME AND FOLLOW ME
(VERSES 1 THROUGH 4—*back panel*)

2ND REFLECTION—*Father forgive them.*

Will you let my love be shown?
Will you let my name be known,
will you let my life be grown in you
and you in me?

MEDITATION ON THE CROSS OF JESUS—ANTHEM 2 314

Anthem 2

We glory in your cross, O Lord,
**And praise and glorify your holy resurrection;
for by virtue of your cross
joy has come to the whole world.**

May God be merciful to us and bless us,
show us the light of his countenance, and come to us.
**Let your ways be known upon the earth,
your saving health among all nations.**

Let the peoples praise you, O God;
let all the peoples praise you.
**We glory in your cross, O Lord,
and praise and glorify your holy resurrection;
for by virtue of your cross
joy has come to the whole world.**

Common Praise—386—WHEN I SURVEY

3RD REFLECTION—*Today you will be with me.*
Will you leave yourself behind
if I but call your name?
Will you care for cruel and kind
and never be the same?

PSALM 115 (*responsive by the half verse*)

863

- 1 Not to us, O Lord, not to us,
but to your name give glory, *
**because of your love and because of your
faithfulness.**
- 2 Why should the heathen say,*
“Where then is their God?”
- 3 Our God is in heaven; *
whatever he wills to do he does.
- 4 Their idols are silver and gold,*
the work of human hands.
- 5 They have mouths, but they cannot speak; *
eyes have they, but they cannot see;
- 6 They have ears, but they cannot hear; *
noses, but they cannot smell;
- 7 They have hands, but they cannot feel;
feet, but they cannot walk; *
they make no sound with their throat.
- 8 Those who make them are like them,*
and so are all who put their trust in them.
- 9 O Israel, trust in the Lord; *

he is their help and their shield.

10 O house of Aaron, trust in the Lord; *
he is their help and their shield.

11 You who fear the Lord, trust in the Lord, *
he is their help and their shield.

12 The Lord has been mindful of us, and he will bless us;
*
**he will bless the house of Israel;
he will bless the house of Aaron;**

13 He will bless those who fear the Lord,*
both small and great together.

14 May the Lord increase you more and more,*
you and your children after you.

15 May you be blessed by the Lord, *
the maker of heaven and earth.

16 The heaven of heavens is the Lord's, *
but he entrusted the earth to its peoples.

17 The dead do not praise the Lord,*
nor all those who go down into silence;

18 But we will bless the Lord,*
from this time forth for evermore. Hallelujah!

**God, you delivered Israel from the worship of false
gods. Redeem, we pray, your people in every age
from the pursuit of all that is worthless and untrue
in human life; through Jesus our Saviour, who
came to bring us life in all its fullness.**

For the one holy catholic and apostolic Church throughout the world, we pray to you, Lord.

Lord, have mercy.

For the mission of the Church, that in faithful witness it may preach the gospel to the ends of the earth, we pray to you, Lord.

Lord, have mercy.

For those preparing for baptism and for their teachers and sponsors, we pray to you, Lord.

Lord, have mercy.

For peace in the world, that a spirit of respect and reconciliation may grow among nations and peoples, we pray to you, Lord.

Lord, have mercy.

For the poor, the persecuted, the sick, and all who suffer; for refugees, prisoners, and all in danger; that they may be relieved and protected, we pray to you, Lord.

Lord, have mercy.

For all whom we have injured or offended, we pray to you, Lord.

Lord, have mercy.

For grace to amend our lives and to further the reign of God, we pray to you, Lord.

Lord, have mercy.

CHOIR—*Solus ad victimam*

Alone to sacrifice thou goest Lord,
Giving thyself to Death whom thou has slain,
For us thy wretched folk is any word?

Who know that for our sins this is thy pain?
For they are our, O Lord,
Our deeds, our deeds,
Why must thou suffer torture for our sin?
Let our hearts suffer in thy Passion, Lord.
That very suffering may thy mercy win.
This is the night of tears,
The three day's space,
Sorrow abiding of the eventide,
Until the daybreak with the risen Christ,
And hearts that sorrowed shall be satisfied.
So may our hearts share in thine anguish, Lord,
That they may sharers of thy glory be;
Heavy with weeping may the three days pass,
To win the laughter of thine Easter Day.

Common Praise—190—GO TO DARK GETHSEMANE

4TH REFLECTION—*Behold your Mother... Behold your Son.*
Will you risk the hostile stare
should your life attract or scare?
Will you let me answer prayer in you
and you in me?

PSALM 116 (*responsive by the half verse*)

864

- 1 I love the Lord, because he has heard the voice of my supplication,*
because he has inclined his ear to me whenever I called upon him.
- 2 The cords of death entangled me; the grip of the grave took hold of me; *
I came to grief and sorrow.
- 3 Then I called upon the name of the Lord: *

“Lord, I pray you, save my life.”

- 4 Gracious is the Lord and righteous; *
our God is full of compassion.
- 5 The Lord watches over the innocent; *
I was brought very low, and he helped me.
- 6 Turn again to your rest, O my soul, *
for the Lord has treated you well.
- 7 For you have rescued my life from death,*
my eyes from tears, and my feet from stumbling.
- 8 I will walk in the presence of the Lord *
in the land of the living.
- 9 I believed, even when I said,
“I have been brought very low.” *
In my distress I said, “No one can be trusted.”
- 10 How shall I repay the Lord *
for all the good things he has done for me?
- 11 I will lift up the cup of salvation *
and call upon the name of the Lord.
- 12 I will fulfil my vows to the Lord *
in the presence of all his people.
- 13 Precious in the sight of the Lord *
is the death of his servants.
- 14 O Lord, I am your servant; *
**I am your servant and the child of your
handmaid; you have freed me from my bonds.**

- 15 I will offer you the sacrifice of thanksgiving *
and call upon the name of the Lord.
- 16 I will fulfil my vows to the Lord *
in the presence of all his people.
- 17 In the courts of the Lord's house,*
in the midst of you, O Jerusalem. Hallelujah!

**Eternal God, faithful in your tender compassion,
you give us hope for our life here and hereafter
through the victory of your only Son. When we
share his cup of salvation, revive in us the joy of
this everlasting gift. We ask this in his name.**

RESPONSORIAL READING FOR LENT

106

Incline your ear to me;
* make haste to answer when I call.

**Incline your ear to me;
* make haste to answer when I call.**

Lord, hear my prayer,
and let my cry come before you.
Make haste to answer when I call.

Hide not your face from me
in the day of my trouble.
Make haste to answer when I call.

You, O Lord, endure for ever,
and your name from age to age.
Make haste to answer when I call.

You will arise and have compassion on Zion,
for it is time to have pity upon her.
Make haste to answer when I call.

Glory to the Father, and to the Son, and to the Holy Spirit.

Incline your ear to me;

*** make haste to answer when I call.**

CHOIR—*Silent Tears*

She stood and watched her son defiled.
She was silent, not a word.
Only tears would speak for her.
Though her heart was surely broken,
Silent tears are all that's spoken.
She recalls her tears of joy:
Bethlehem, her precious boy.
Love was born to bring us life,
Now silent tears behold his strife.
One tear flows and then another,
One from the son—and then the mother,
They drop together to the ground,
Into the dust without a sound.
She stood and heard the angry crowd.
No words of hate, revenge or gall,
Her silent tears would say it all.
She was silent—not a word.
Her aching heart could not be heard.
Only tears—silent tears.

Common Praise—192—WERE YOU THERE?

5TH REFLECTION—*Why have you forsaken me?*

Will you let the blinded see
if I but call your name?
Will you set the prisoners free
and never be the same?

- 1 Praise the Lord, all you nations; *
laud him, all you peoples.
- 2 For his loving-kindness toward us is great,*
**and the faithfulness of the Lord endures for
ever. Hallelujah!**

**Faithful God, your loving kindness for all people is
revealed in Jesus Christ. Let your kingdom
come now in peace and justice in all the world.
We ask this in his name.**

RESPONSORIAL READING—THE CROSS

107

Surely he has borne our griefs;
* he has carried our sorrows.

**Surely he has borne our griefs;
* he has carried our sorrows.**

He was despised; he was rejected,
a man of sorrows and acquainted with grief.
He has carried our sorrows.

He was pierced for our sins, bruised for no fault but
ours.
He has carried our sorrows.

His punishment has won our peace, and by his wounds
we are healed.
He has carried our sorrows.

We had all strayed like sheep,
but the Lord has laid on him the guilt of us all.
He has carried our sorrows.

Glory to the Father, and to the Son, and to the Holy Spirit.

**Surely he has borne our griefs;
* he has carried our sorrows.**

CHOIR—*He suffered and died*

The soldiers found him in dark Gethsemane
Before a mob he was tried.
They took our Jesus and nailed him to a tree.
He suffered and died.
A crown of thorns they would place upon his head,
And then our Lord was crucified.
Upon the cross Jesus hung until he bled.
He suffered and died.
“*My God, My God why have you forsaken me?*”
He raised his head and he cried.
And with those words, Jesus made his final plea.
He suffered and died.

Common Praise—198—O SACRED HEAD

6TH REFLECTION—*I am thirsty.*
Will you kiss the leper clean
and do such as this unseen,
and admit to what I mean in you
and you in me?

PSALM 118 (*responsive by the half verse*)

866

- 1 Give thanks to the Lord, for he is good; *
his mercy endures for ever.
- 2 Let Israel now proclaim,*
“His mercy endures for ever.”
- 3 Let the house of Aaron now proclaim,*
“His mercy endures for ever.”

- 5 Let those who fear the Lord now proclaim,*
“His mercy endures for ever.”
- 5 I called to the Lord in my distress; *
the Lord answered by setting me free.
- 6 The Lord is at my side, therefore I will not fear; *
what can anyone do to me?
- 7 The Lord is at my side to help me; *
I will triumph over those who hate me.
- 8 It is better to rely on the Lord *
than to put any trust in flesh.
- 9 It is better to rely on the Lord *
than to put any trust in rulers.
- 10 All the ungodly encompass me; *
in the name of the Lord I will repel them.
- 11 They hem me in, they hem me in on every side; *
in the name of the Lord I will repel them.
- 12 They swarm about me like bees;
they blaze like a fire of thorns; *
in the name of the Lord I will repel them.
- 13 I was pressed so hard that I almost fell,*
but the Lord came to my help.
- 14 The Lord is my strength and my song,*
and he has become my salvation.
- 15 There is a sound of exultation and victory *
in the tents of the righteous:

- 16 “The right hand of the Lord has triumphed! *
the right hand of the Lord is exalted!
the right hand of the Lord has triumphed!”
- 17 I shall not die, but live,*
and declare the works of the Lord.
- 18 The Lord has punished me sorely,*
but he did not hand me over to death.
- 19 Open for me the gates of righteousness, *
I will enter them;
I will offer thanks to the Lord.
- 20 “This is the gate of the Lord; *
he who is righteous may enter.”
- 21 I will give thanks to you, for you answered me *
and have become my salvation.
- 22 The same stone which the builders rejected *
has become the chief cornerstone.
- 23 This is the Lord’s doing,*
and it is marvelous in our eyes.
- 24 On this day the Lord has acted, *
we will rejoice and be glad in it.
- 25 Hosannah, Lord, hosannah! *
Lord, send us now success.
- 26 Blessed is he who comes in the name of the Lord;
* **we bless you from the house of the Lord.**
- 27 God is the Lord; he has shined upon us; *
form a procession with branches up
to the horns of the altar.

- 28 “You are my God, and I will thank you; *
you are my God, and I will exalt you.”
- 29 Give thanks to the Lord, for he is good; *
his mercy endures for ever.

Holy and mighty God, your Son's triumph over sin and death has opened to us the gate of eternal life. Purify our hearts that we may follow where he has gone and share in the radiance of his glory. We ask this for the sake of our risen Lord.

CANTICLE—THE LORD’S SERVANT

77

Isaiah 53.3-6

He was despised; he was rejected,*
a man of sorrows, acquainted with grief.
As one from whom people hide their faces,*
he was despised, and we esteemed him not.

Ours were the sufferings he bore,*
ours the torments he endured,
while we thought he was being punished,*
struck by God and brought low.

He was pierced for our sins,*
bruised for no fault but ours.
His punishment has won our peace,*
and by his wounds we are healed.

We had all strayed like sheep,*
all taking our own way;
but the Lord laid on him *
the guilt of us all.

CHOIR—*At the Foot of the Cross*

At the foot of the cross there is sorrow.
At the foot of the cross there is love,
flowing down together in a river of salvation,
covering all the world with grace.
At the foot of the cross there is sadness.
At the foot of the cross there is hope,
flowing down together in a river of forgiveness,
covering all the world with grace.
Jesus, man of sorrows, Jesus, Prince of Peace,
on the cross He suffered for our sins release;
bearing all our burdens, sharing all our pain,
covering all the world with grace.

Common Praise—191—TO MOCK YOUR REIGN

7TH REFLECTION—*It is finished.*
Will you love the “you” you hide
if I but call your name?
Will you quell the fear inside
and never be the same?

PSALM 22 (*responsive by the half verse*)

728

- 1 My God, my God, why have you forsaken me? *
**and are so far from my cry
and from the words of my distress?**
- 2 O my God, I cry in the daytime, but you do not
answer; *
by night as well, but I find no rest.
- 3 Yet you are the Holy One,*
enthroned upon the praises of Israel.
- 4 Our forefathers put their trust in you; *

they trusted, and you delivered them.

- 5 They cried out to you and were delivered;
they trusted in you and were not put to shame.
- 6 But as for me, I am a worm and no man,*
scorned by all and despised by the people.
- 7 All who see me laugh me to scorn; *
they curl their lips and wag their heads, saying,
- 7 “He trusted in the Lord; let him deliver him; *
let him rescue him, if he delights in him.”
- 8 Yet you are he who took me out of the womb,*
and kept me safe upon my mother’s breast.
- 10 I have been entrusted to you ever since I was born;
* **you were my God when I was still in my
mother’s womb.**
- 11 Be not far from me, for trouble is near,*
and there is none to help.
- 12 Many young bulls encircle me; *
strong bulls of Bashan surround me.
- 13 They open wide their jaws at me,*
like a ravening and a roaring lion.
- 14 I am poured out like water;
all my bones are out of joint; *
my heart within my breast is melting wax.
- 15 My mouth is dried out like a pot-sherd;
my tongue sticks to the roof of my mouth; *
and you have laid me in the dust of the grave.

- 16 Packs of dogs close me in,
and gangs of evildoers circle around me; *
they pierce my hands and my feet;
I can count all my bones.
- 17 They stare and gloat over me; *
they divide my garments among them;
they cast lots for my clothing.
- 18 Be not far away, O Lord; *
you are my strength; hasten to help me.
- 19 Save me from the sword,*
my life from the power of the dog.
- 20 Save me from the lion's mouth,*
my wretched body from the horns of wild bulls.
- 21 I will declare your name to my brethren; *
in the midst of the congregation I will praise
you.
- 22 Praise the Lord, you that fear him; *
stand in awe of him, O offspring of Israel;
all you of Jacob's line, give glory.
- 23 For he does not despise nor abhor the poor in their
poverty; neither does he hide his face from them; *
but when they cry to him he hears them.
- 24 My praise is of him in the great assembly; *
I will perform my vows in the presence of those
who worship him.
- 25 The poor shall eat and be satisfied,
and those who seek the Lord shall praise him: *
“May your heart live for ever!”

- 26 All the ends of the earth shall remember and turn to the Lord,*
and all the families of the nations shall bow before him.
- 27 For kingship belongs to the Lord; *
he rules over the nations.
- 28 To him alone all who sleep in the earth bow down in worship; *
all who go down to the dust fall before him.
- 29 My soul shall live for him;
my descendants shall serve him; *
they shall be known as the Lord's for ever.
- 30 They shall come and make known to a people yet unborn *
the saving deeds that he has done.

Father, your tortured Son felt abandoned, and cried out in anguish from the cross, yet you delivered him. He overcame the bonds of death and rose in triumph from the grave. Do not hide your face from those who cry out to you: feed the hungry, strengthen the weak, and break the chains of the oppressed, that your people may rejoice in your saving deeds. This we ask in the name of Jesus Christ our Saviour.

COLLECT—HOLY CROSS DAY

422

Almighty God,
whose Son our Saviour Jesus Christ
was lifted high upon the cross
that he might draw the whole world to himself,
may we who rejoice in the mystery of our
redemption,

have grace to take up our cross and follow him,
who lives and reigns with you and the Holy
Spirit,
one God, now and for ever. **Amen.**

CHOIR—*Wounded Dove*

The dove was wounded, a crown of thorns upon His head;
the dove was wounded, He suffered as he bled.
Our tears were flowing with anguish and with shameful
dread;
but God, all-knowing, will heal His wounded head.
O sacred head now wounded, with grief and shame
weighed down,
now scornfully surrounded with thorns Thine only crown:
O sacred head what glory, what bliss till now was Thine;
yet though despised and gory, I joy to call Thee mine!
The dove lies wounded, the darkest hour is drawing nigh;
the dove lies wounded, sweet Jesus sacrificed.
The dove is sleeping, its finish was His final cry;
all hearts are weeping for His great sacrifice.
The dove will rise up, His wounds still fresh upon His side;
the dove will rise up and heaven's gates swing wide!
Our sorrow, Your surrender; we weep, You suffer pain.
With hope, we will remember; through You we'll live a
again!
Sweet Jesus, wounded dove.

Common Praise—185—SING MY TONGUE

8TH REFLECTION—*I commend my spirit.*
Will you use the faith you've found
to reshape the world around,
through my sight and touch and sound in you
and you in me?

Anthem 3

**We adore you, O Christ, and we bless you,
Because by your holy cross you have redeemed the
world.**

If we have died with him, we shall also live with him;
if we endure, we shall also reign with him.

**We adore you, O Christ, and we bless you,
because of your holy cross you have redeemed the
world.**

PSALM 69 (*responsive at the half verse*)

791

- 1 Save me, O God,*
for the waters have risen up to my neck.
- 2 I am sinking in deep mire,*
and there is no firm ground for my feet.
- 3 I have come into deep waters,*
and the torrent washes over me.
- 4 I have grown weary with my crying;
my throat is inflamed; *
my eyes have failed from looking for my God.
- 5 Those who hate me without a cause are more than
the hairs of my head;
my lying foes who would destroy me are mighty.*
Must I then give back what I never stole?
- 6 O God, you know my foolishness,*
and my faults are not hidden from you.
- 7 Let not those who hope in you be put to shame

through me, Lord God of hosts; *
**let not those who seek you be disgraced because
of me, O God of Israel.**

- 8 Surely, for your sake have I suffered reproach,*
and shame has covered my face.
- 9 I have become a stranger to my own kindred,*
an alien to my mother's children.
- 10 Zeal for your house has eaten me up; *
**the scorn of those who scorn you has fallen
upon me.**
- 11 I humbled myself with fasting, *
but that was turned to my reproach.
- 12 I put on sack-cloth also,*
and became a byword among them.
- 13 Those who sit at the gate murmur against me,*
and the drunkards make songs about me.
- 14 But as for me, this is my prayer to you,*
at the time you have set, O Lord:
- 15 "In your great mercy O God,*
answer me with your unfailing help.
- 16 Save me from the mire; do not let me sink; *
**let me be rescued from those who hate me and out
of the deep waters.**
- 17 Let not the torrent of waters wash over me, neither
let the deep swallow me up; *
do not let the Pit shut its mouth upon me.
- 18 Answer me, O Lord, for your love is kind; *

in your great compassion, turn to me.”

- 19 “Hide not your face from your servant, *
be swift and answer me, for I am in distress.
- 20 Draw near to me and redeem me; *
because of my enemies deliver me.
- 21 You know my reproach, my shame, and my
dishonour; *
my adversaries are all in your sight.”
- 22 Reproach has broken my heart, and it cannot be
healed; *
**I looked for sympathy, but there was none,
for comforters, but I could find no one.**
- 23 They gave me gall to eat,*
**and when I was thirsty, they gave me vinegar to
drink.**
- 24 Let the table before them be a trap *
and their sacred feasts a snare.
- 25 Let their eyes be darkened, that the^y may not see,*
and give them continual trembling in their loins.
- 26 Pour out your indignation upon them,*
**and let the fierceness of your anger overtake
them.**
- 27 Let their camp be desolate,*
and let there be none to dwell in their tents.
- 28 For they persecute him whom you have stricken *
**and add to the pain of those whom you have
pierced.**

- 29 Lay to their charge guilt upon guilt,*
and let them not receive your vindication.
- 30 Let them be wiped out of the book of the living *
and not be written among the righteous.
- 31 As for me, I am afflicted and in pain; *
your help, O God, will lift me up on high.
- 32 I will praise the name of God in song; *
I will proclaim his greatness with thanksgiving.
- 33 This will please the Lord more than an offering of
oxen,* **more than bullocks with horns and
hoofs.**
- 34 The afflicted shall see and be glad; *
you who seek God, your heart shall live.
- 35 For the Lord listens to the needy,*
and his prisoners he does not despise.
- 36 Let the heavens and the earth praise him,*
the seas and all that moves in them;
- 37 For God will save Zion and rebuild the cities of
Judah; *
they shall live there and have it in possession.
- 38 The children of his servants will inherit it,*
and those who love his name will dwell therein.

**Blessed are you, God of our hope; you restore
the fallen and rebuild the broken walls. Teach
us the song of thanksgiving, for you are the
strength of your people; through Jesus Christ
our Lord.**

Question Do you renounce Satan and all the spiritual forces of wickedness that rebel against God?

Answer **I renounce them.**

Question Do you renounce the evil powers of this world which corrupt and destroy the creatures of God?

Answer **I renounce them.**

Question Do you renounce all sinful desires that draw you from the love of God?

Answer **I renounce them.**

Question Do you turn to Jesus Christ and accept him as your Saviour?

Answer **I do.**

Question Do you put your whole trust in his grace and love?

Answer **I do.**

Question Do you promise to obey him as your Lord?

Answer **I do.**

CHOIR—*The Reproaches*

PSALM 98 (*responsive by the half verse*)

836

- 1 Sing to the Lord a new song,*
for he has done marvellous things.
- 2 With his right hand and his holy arm *
has he won for himself the victory.
- 3 The Lord has made known his victory; *
his righteousness has he openly shown in the

sight of the nations.

- 4 He remembers his mercy and faithfulness to the house of Israel,*
and all the ends of the earth have seen the victory of our God.
- 5 Shout with joy to the Lord, all you lands; *
lift up your voice, rejoice, and sing.
- 6 Sing to the Lord with the harp,*
with the harp and the voice of song.
- 7 With trumpets and the sound of the horn *
shout with joy before the King, the Lord.
- 8 Let the sea make a noise and all that is in it,*
the lands and those who dwell therein.
- 9 Let the rivers clap their hands,*
and let the hills ring out with joy before the Lord, when he comes to judge the earth.
- 10 In righteousness shall he judge the world *
and the peoples with equity.

Lord God, we see your righteous rule in all your works, and we join our voices with the song of your whole creation in praising you, in and through Jesus Christ our Saviour.

MEDITATION ON THE CROSS OF JESUS—ANTHEM 4 317

Anthem 4

O Saviour of the world,
by your cross and precious blood you have redeemed us.

Save us and help us, we humbly beseech you, O Lord.

BAPTISMAL COVENANT

158

- Question Do you believe in God the Father?
Answer **I believe in God,
the Father almighty,
creator of heaven and earth.**
- Question Do you believe in Jesus Christ, the Son of God?
Answer **I believe in Jesus Christ,
his only Son, our Lord.
He was conceived by the power of the Holy Spirit and born of the Virgin Mary.
He suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended to the dead.
On the third day he rose again.
He ascended into heaven,
and is seated at the right hand of the Father. He will come again to judge the living and the dead.**
- Question Do you believe in God the Holy Spirit?
Answer **I believe in God the Holy Spirit,
the holy catholic Church, the communion of saints, the forgiveness of sins,
the resurrection of the body, and the life everlasting.**
- Question Will you continue in the apostles' teaching and fellowship, in the breaking of bread, and in the prayers?
Answer **I will, with God's help.**
- Question Will you persevere in resisting evil and,

whenever you fall into sin, repent and return to the Lord?

Answer **I will, with God's help.**

Question Will you proclaim by word and example the good news of God in Christ?

Answer **I will, with God's help.**

Question Will you seek and serve Christ in all persons, loving your neighbour as yourself?

Answer **I will, with God's help.**

Question Will you strive for justice and peace among all people, and respect the dignity of every human being?

Answer **I will, with God's help.**

Shalom—The Peace

WILL YOU COME AND FOLLOW ME
(ALL 5 VERSES—*back panel*)

Postlude