

P – parents

E – existing

T – to

A – always

L – lend

S – support

P.E.T.A.L.S.
P.O. Box 1352
Hampton, NB
E5N 8H3
Phone: 506 832-3674
Email – petals@nbnet.nb.ca

“When your parent dies, you have lost your past. When your spouse dies, you have lost your present. When your child dies, you have lost your future.”

- Dr. Elliot Luby -

Nothing is more devastating than the loss of a baby. For so long, you have eagerly awaited his or her arrival, filled with hopes and dreams of the future. Suddenly, the dream is shattered. Your baby has died, and you are left with empty arms and a broken heart.

The journey through life is often a very lonely one. Grief at the death of a newborn or miscarried child is not well accepted in our society, especially after the first week or two. Yet the needs and feelings of bereaved parents must be recognized and acknowledged. You are still a parent, one who is also mourning the loss of your precious baby. You want to talk about your child, and you need the support of people who will listen.

The parents of P.E.T.A.L.S. understand the sorrow and pain, for we too, have experienced the death of a baby. We believe that you should not have to experience the heartbreak of grief alone.

“I felt so lonely when our baby died. I was depressed, confused, and didn’t understand what was happening, or why. The people at P.E.T.A.L.S. helped me come to terms with Matthew’s death and got me through the long, difficult first year. They were a vital part of my recovery --they were my lifeline.”

- a bereaved mom -

P.E.T.A.L.S. is an emotional support group for parents whose children died by miscarriage, stillbirth or early infant death. We are here to reach out to families during the initial impact of loss, and to help them work through the difficult journey to recovery. We offer the compassion and support of parents who have also grieved the loss of a baby.

Among the services available through P.E.T.A.L.S. are:

- a listening ear
- monthly group meetings
- information on the grief process and how they can cope.
- telephone support for bereaved parents
- support and information through correspondence
- lending library of bereavement literature

Group Meetings

Last Wednesday of each month
7:00 – 9:00 P.M.
Quispamsis Middle School
Cafeteria

Directions

- Take Exit#125B (Rothesay) if coming from Saint John, or Exit#125 (Rothesay) if coming from Sussex, from Highway #1.

- In both cases, turn right and turn right again at the yield sign (in front of the new Rothesay Regional Fire Station).

- Continue straight on Campbell Drive, until you reach traffic lights. Proceed straight through lights.

- Go to next set of traffic lights, (Canadian Tire will be on your left), and proceed straight though once again. You are now on Pettingill Road.

- Continue down Pettingill Road, crossing train tracks, up the hill and passing Saint Mark's Church on your left. Quispamsis Middle School is easily seen from this point on the left.

- Please you the cafeteria entrance, located just to the left of the main doors.

P.E.T.A.L.S. – Support Team

Tracey & Allan Hogg

Parents to a number of precious babies who were miscarried and born still.

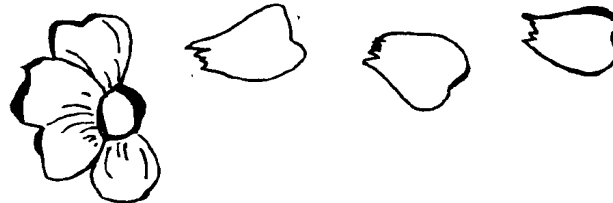
Presently guardians to a very special
“Son” – Rheal
506 832-3674

Lisa & David McElman

Parents to our sweet twins, Caleb and Sydney who were born too early on March 1, 2001 and passed away March 22, 2001 and March 29, 2001.
506 848-4321

Margie McGrath

Mom to dear David who was born in June, 1986 and passed away on June 27, 1986.
Also Mom to Andrea, Sarah & Becky and Grammy to Hailey.
506 849-7075



PETALS

Petals are gifts that are given
From God to beautify our plan
To be wherever they are needed
They brighten up this world of man.

Petals do fall so very gently
Not a sound when winds do blow
Hardly a ripple on the waters
They're gone before we know.

Petals touch our lives so gently
Like feathers slowly float along,
Brighten lives when they are with us
Hearts are saddened when they're gone.

Petals are soft like words of comfort
To a very troubled mind
Help us reach out to one another
P.E.T.A.L.S. are what we need to find.

With Loving Thoughts of Samantha Lee,

Love,
Nanny

Phyllis Vibert
January, 1988